UD HELPLINE 24/7/365 (AVAILABLE 24 HOURS A DAY)

Sexual Offense Support (SOS) and Emergency Mental Health resources

UD Helpline 24/7/365 (Available 24 hours a day) – 302-831-1001

UD Helpline is available 24 hours a day, 365 days a year for any UD student feeling anxious, overwhelmed, or otherwise in need of someone to talk to.

Callers can press 1 to request a call back within 10 minutes from a Sexual Offense Support (SOS) advocate.

Callers can press 2 to connect with a Mental Health Professional immediately.

UD Police and LiveSafe App (Available 24 hours a day)

If you or a friend are in immediate danger on or near campus, call 911 to connect with University of Delaware Police. You can also use the LiveSafe app on an Apple or Android smartphone to report an emergency or request assistance.

Confidential Crisis Text Message Support Text line - 741741

New in fall 2018, students can text “UDTEXT”, or “STEVE” for students of color, to the phone number 741741 to connect with confidential text message support:

UD Text line:
- text UDTEXT to 741741
- text STEVE to 741741 to reach a professional trained to support students of color